



Society For Youth

# LIMEPAKISTAN

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## LEADERSHIP IN MENSTRUAL HEALTH EDUCATION PROGRAM



The #LIMEPakistan project is focused on empowering girls and women through education and access to menstrual products. The project's biggest component is investing in bolstering capacity development at local education institutions through training one thousand female teachers/instructors. The teachers will also receive educational materials and Safe pad products that they can use up to a year.



**SFY IS A REGISTERED 501(C) ORGANIZATION IN THE US,  
ANY DONATION MAY BE TAXABLE.**



## PREVIOUSLY #40IN4CAMPAIGN

SFY launched the #40in4Campaign to address the issues faced by women and girls in Pakistan's menstrual health management, highlighting the shame and embarrassment surrounding menstruation conversations, which occur in nearly 50% of the population.

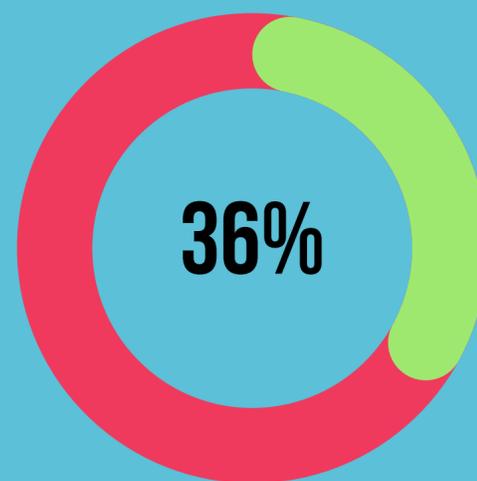
## BUILDING MHM-FRIENDLY COMMUNITIES

#LIMEPakistan is fostering MHM-friendly community infrastructures, investing in capacity development and education to make MHM education accessible to thousands of young girls across Pakistan.

“ **TOGETHER WE CAN MAKE A DIFFERENCE** ”

## LIME PAKISTAN FUNDRAISING

*Support the **LimePakistan** initiative and join SFY's efforts to empower females in Pakistan. Your generous donations have already helped us raise 3,600 USD and we are working hard towards our target of 10,000 USD. 1000 female instructors will benefit from your donations, giving them essential supplies to address the significant lack of menstruation health awareness.*



*We look forward to you joining us in making a positive impact on the lives of young individuals & promoting their well-being.*



Society For Youth

# Our diverse STEERING COMMITTEE

## #LIMEPAKISTAN

### DR SUNDUS SABOOR

MPH in Social & Behavioral Sciences (maternal child Health MC), Harvard T.H, Chan School of Public Health

Current Pursuit: PhD Candidate in Reproductive Health, Michigan School of Public Health.

### DR. BUTOOL HISAM

MBBS, MPH (Harvard T.H Chan School of Public Health)

Health Advocate with a focus on women's well-being.

### DR. FURQAN AFTAB

PhD Harvard University

Expertise: Earth & Planetary Sciences, Research Scholar.

### SULTAN AHMED KHAN

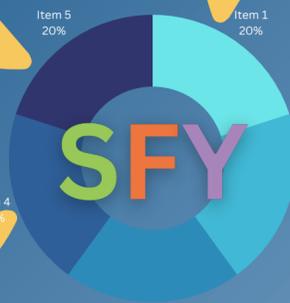
Mdiv, Political Islam, Harvard Divinity School

Specialization: Humanitarian Development

### RAJA NAEEM AHMED

Research Fellow, Harvard University

Advanced Imaging innovator.

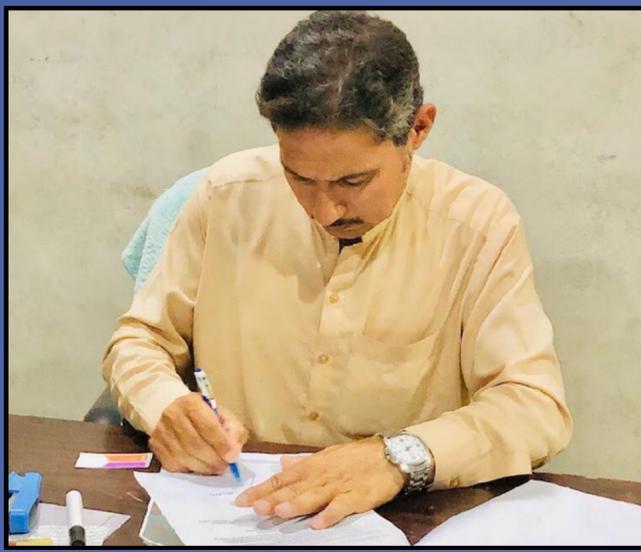
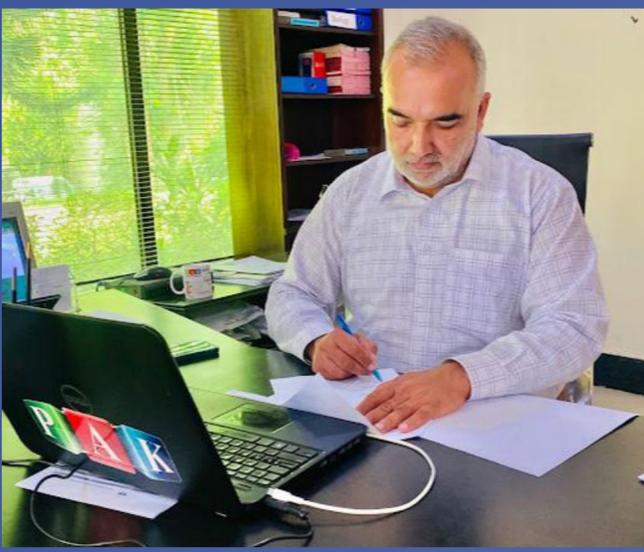


# SOCIETY FOR YOUTH

## EXECUTIVE BOARD

#LIMEPAKISTAN





## AGREEMENTS WITH SCHOOL

We are delighted to announce our recent partnerships with the following 5 esteemed educational institutions for the purpose of promoting menstrual health education and awareness:

**HI SUN SCHOOL SMT**

**RIFAH INTERNATIONAL SCHOOL & COLLEGE, RUSTAM**

**BEACONHOUSE SCHOOL MARDAN**

**PAK SCHOOL AND COLLEGE, PH CAMPUS**

**MARS SCHOOL & COLLEGE RUSTAM**

- In Mardan, Charsadda and Sawabi our team has reached out to 58 educational institutions in total.
- 1 school in Sawabi, 8 schools in Charsadda and 24 in Mardan have approved with total of 31 schools confirmed.
- As in Mardan and Sawabi, 6 schools are awaiting for confirmation.



*The #LIMEPAKISTAN Initiative aims to address knowledge gaps on menstruation, eliminate taboos, and promote empowerment. It includes menstrual education in school curricula, promotes a respectful environment, and advocates for better facilities, ensuring students can control their periods respectfully and healthily.”*

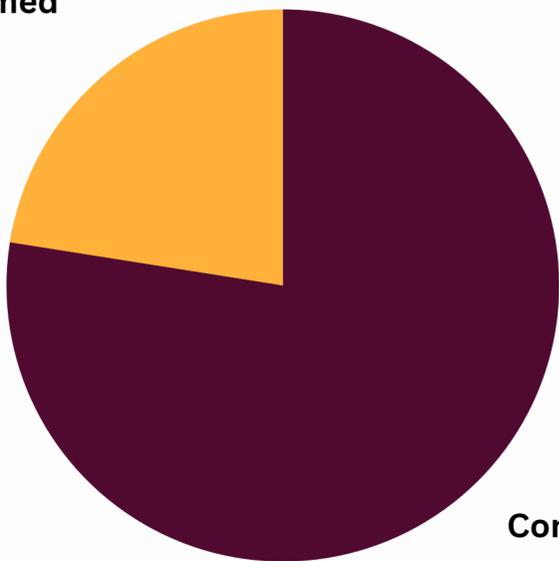
**MR.SAAD**

**PRINCIPAL HI SUN SCHOOL AND COLLEGE SMT**



**TOTAL INSTITUTIONAL REACH OUT**

TB confirmed  
9

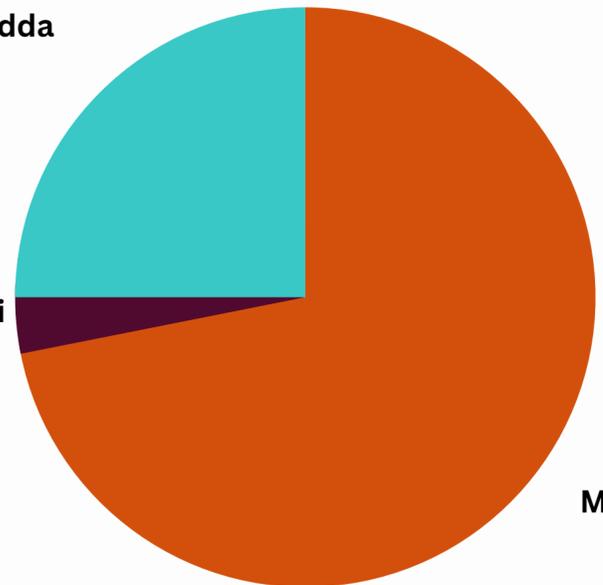


Confirmed  
31

**TOTAL INSTITUTIONS CONFIRMED**

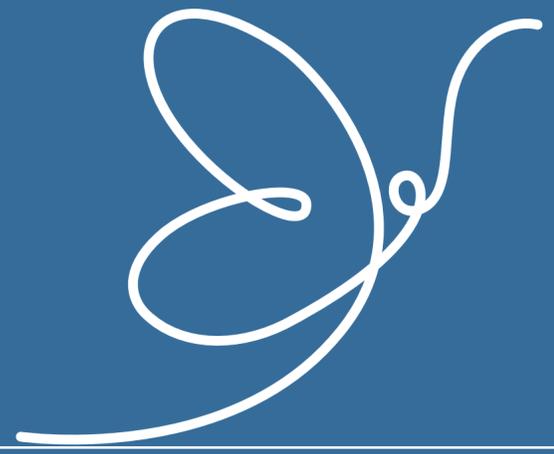
Charsadda  
8

Sawabi  
1



MARDAN  
23





## YOUTH ENGAGEMENTS:

Get ready for some exciting news!

- Training workshops
- Confirmation of institutions
- Scholars endorsement

Do not miss these inspiring updates.



## JOIN US ON :



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UNITED IN PURPOSE, WE EMPOWER  
CHANGE, TOGETHER WE PAVE THE  
WAY FOR A BRIGHTER FUTURE FOR  
WOMEN.

